

INFORMAȚII PERSONALE



Anda- Eliza Leș

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LOCUL DE MUNCĂ PENTRU
CARE SE CANDIDEAZĂ

Medic specialist Gastroenterologie

EXPERIENȚA PROFESIONALĂ

01/01/2020–Prezent

Medic specialist Gastroenterologie (Certificat nr. 1543/29.12.2017)

Institutul Clinic Fundeni, Bucuresti (România)

Contract de munca pe perioada nedeterminata

01/01/2018–01/01/2020

Medic specialist Gastroenterologie (Certificat nr. 1543/29.12.2017)

Institutul Clinic Fundeni, Bucuresti (România)

Contract de munca ce are ca scop indeplinirea garzilor in cadrul Clinicii de Gastroenterologie a I. C. Fundeni

01/01/2014–01/01/2018

Medic rezident Gastroenterologie

Institutul Clinic Fundeni, Bucuresti (România)

Rezidentiat in Gastroenterologie incluzand stagiile de pregatire de endoscopie digestiva diagnostica si ecografie abdominala

EDUCAȚIE ȘI FORMARE

01/01/2018–Prezent

Medic specialist Gastroenterologie (Certificat nr. 1543/29.12.2017)

Institutul Clinic Fundeni, Bucuresti (România)

Diagnostic si tratament al pacientilor cu boli digestive, endoscopie digestiva diagnostica si terapeutica, ecografie abdominala

27/05/2017–08/06/2019

Atestat ecografie intestinala

International Bowel Ultrasound Group, Munster (Germania)

03/10/2016–Prezent

Student Doctorand

Universitatea de Medicina si Farmacie "Carol-Davila", Bucuresti (România)

Studiul doctoral avand tema stiintifica: "Evaluarea ecografica intestinala a pacientilor cu boli inflamatorii cronice (boala Crohn si rectocolita ulcero-hemoragica)"

06/02/2019–09/02/2019

Modulul 3, Curs International Bowel Ultrasound Group

6th ECCO-ESGAR Ultrasound Workshop - Advanced 14th Congress of ECCO – European Crohn's and Colitis Organisation, Copenhaga (Danemarca)

Tehnica evaluarii ecografice intestinale-modul cu nivel avansat

- 08/10/2018–05/11/2018 **Curs Endoscopie Digestiva Terapeutica (Certificat Seria A, Nr 004902)**
Bucuresti (România)
Efectuare endoscopie digestiva terapeutica
- 05/03/2018–30/03/2018 **Modulul 2, curs International Bowel Ultrasound Group**
Departamentul de Ultrasonografie a tubului digestiv in cadrul Spitalului Universitar Luigi Sacco, Milano (Italia)
Efectuarea a peste 150 de examinari ecografice intestinale cu si fara contrast intravenos si ecografii transperineale sub directa coordonare a dlui. Profesor Dr. Giovanni Maconi
- 19/05/2017–21/05/2017 **Modulul 1, curs International Bowel Ultrasound Group**
Introduction in bowel ultrasonography, Milano (Italia)
Notiuni introductive in ecografie intestinala
- 01/01/2014–01/01/2018 **Medic rezident Gastroenterologie**
Institutul Clinic Fundeni, Bucuresti (România)
Rezidentiat in Gastroenterologie ce include stagii de pregatire de endoscopie digestiva diagnostica si ecografie abdominala
- 01/10/2007–01/10/2013 **Doctor Medic (Certificat nr. 468/29.05.2014)**
Universitatea de Medicina si Farmacie "Carol Davila", Bucuresti (România)

COMPETENȚE PERSONALE

Limba(i) maternă(e) română

Limbile străine

| | ÎNȚELEGERE | | VORBIRE | | SCRIERE |
|---------|------------|--------|----------------------------|--------------|---------|
| | Ascultare | Citire | Participare la conversație | Discurs oral | |
| engleză | C1 | C1 | C1 | C1 | C1 |

Niveluri: A1 și A2: Utilizator elementar - B1 și B2: Utilizator independent - C1 și C2: Utilizator experimentat
Cadrul european comun de referință pentru limbi străine

Competențe de comunicare Bune abilitati de comunicare cu pacientii si personalul auxiliar din unitatea medicala
Bune abilitati de prezentare demonstrate in cadrul Conferintelor si Congreselor la care am participat

Competențe organizaționale/manageriale Abilitati de organizare a activitatilor zilnice prin prioritizarea situatiilor urgente si stabilirea unui plan de activitate zilnica in cadrul unitatii medicale

Competențe dobândite la locul de muncă Diagnosticarea si stabilirea unui plan terapeutic al pacientilor
Stabilirea unui plan de monitorizare a pacientilor
Stabilirea unui plan de screening in cazul pacientilor la risc

Competențele digitale

AUTOEVALUARE

| Procesarea informației | Comunicare | Creare de conținut | Securitate | Rezolvarea de probleme |
|-------------------------|-------------------------|-------------------------|-------------------------|------------------------|
| Utilizator experimentat | Utilizator experimentat | Utilizator experimentat | Utilizator experimentat | Utilizator independent |

Competențele digitale - Grilă de auto-evaluare

INFORMAȚII SUPLIMENTARE

Prezentări

Les Anda, Gheorghe Cristian, Transabdominal bowel sonography observations corresponding to parietal inflammation in inflammatory bowel diseases, prezentare orala, Congresul National de Coloproctologie, Dec 2020

Les Anda, Gheorghe Cristian, Evaluarea ecografica transabdominala a tubului digestiv in bolile inflamatorii intestinale ,prezentare orala, Congresul National de Chirurgie, Bucuresti, Nov 2020

Les Anda, Dumitru Radu, Sarbu Ana-Maria, Costache Roxana, Gheorghe Cristian, Comparison between bowel ultrasonography assessment and computed tomography in inflammatory bowel diseases patients: our experience, Congresul National de Gastroenterologie, Timisoara, Romania, 2019

Les Anda, R. Iacob, Roxana Costache, Liana Gheorghe, C. Gheorghe, Tehnici moderne de imagistica in patologia digestiva: ecografia intestinala transabdominala, prezentare orala, Zilele Institutului Clinic Fundeni, Bucuresti, Romania, 2019

Les Anda, R. Iacob, Roxana Costache, Liana Gheorghe, C. Gheorghe, Key features of bowel ultrasonography in managing inflammatory bowel disease patients, prezentare orala, Congresul Romanian Crohn's and Colitis Club, Bucuresti, Romania, 2019

Les Anda, Gheorghe Cristian, Correlation Between Sonographic Measurements in Inflammatory Bowel Diseases and Biological Markers of Disease Activity, prezentare orala, premiul pentru prezentarea de tip poster, Congresul Romanian Crohn's and Colitis Club, Bucuresti, Romania, 2018

Les Anda, Gheorghe Cristian, Bowel Ultrasonography in Inflammatory Bowel Diseases patients, prezentare orala, Scoala de Vara a tinerilor gastroenterologi, Paltinis, Romania, 2017

Publicații

Anda Les, Ion Bancila, Anca Dimitriu, Razvan Iacob, Bogdan Cotruta, Iuliana Pirvulescu, Ioana Lupescu, Cristian Gheorghe, Bowel ultrasound for acute diverticulitis - technical aspects in three different clinical settings, Journal of Gastroenterology and Oncology- in publicare

Les Anda, Dimitriu Anca, Costache Roxana, Gheorghe Liana, Gheorghe Cristian, Ultrasonographic assessment of Crohn's disease patients: can be easier and more affordable for clinical practice?, J Gastrointestin Liver Dis, Mar 2019 Vol. 28 No 1: 129-132

Roxana Elena Costache, **Les Anda**, Ionut Adrian Saizu, Oana Stanciulea, Traian Dumitrascu, Razvan Iacob, Irinel Popescu, Liliانا Simona Gheorghe, Cristian Gheorghe, Colectomy rates and postoperative complications with ulcerative colitis registered in a tertiary center, United European Gastroenterology Journal, Oct 2019, vol 7, no 8, suppl 1

Anda Les, Roxana Costache, Liana Gheorghe, Cristian Gheorghe, Ultrasonographic assessment in inflammatory bowel disease patients and fecal calprotectin levels: emerging tools in monitoring disease activity, United European Gastroenterology Journal, Oct 2019, vol 7, no 8, suppl 1.

Roxana Costache, R Iacob, Oana Stanciulea, T Dumitrascu, **Anda Les**, IA Saizu, I Popescu, Liana Gheorghe, C Gheorghe, Preoperative predictors of postoperative complications in ulcerative colitis patients undergoing surgery, J Gastrointestin Liver Dis, vol 28, suppl 3, p 6, Sep 2019

Anda Les, R. Iacob, Roxana Costache, Liana Gheorghe and C. Gheorghe, Key features of bowel ultrasonography in managing inflammatory bowel disease patients, J Gastrointestin Liver Dis, vol 28, suppl 3, p 11, Sep 2019

Iacob Razvan, Bogdan Cotruta, Ion Bancila, Monica Cojocar, Ionut Saizu, **Anda Les**, Roxana Costache, Razvan Iacob, Cristian Gheorghe, Etiology and outcome of upper digestive bleeding in

patients included in AP-ENDO program in a Tertiary Gastroenterology Center, J Gastrointestin Liver Dis, Vol 28, suppl 2, p 127, Iun 2019

Les Anda, Ana-Maria Sarbu, Radu Dumitru, Roxana Costache, Liana Gheorghe, Cristian Gheorghe, Comparison between bowel ultrasonography assessment and computed tomography in inflammatory bowel diseases patients: our experience, J Gastrointestin Liver Dis, Vol 28, suppl 2, p 154, Iun 2019

Les Anda, Costache Roxana, Gheorghe Cristian, Correlation of faecal calprotectin levels and sonographic measurements in patients with inflammatory bowel diseases, Journal of Crohn's and Colitis, Vol 13,supp 1, Mar 2019, S220–S221

Les Anda, Gheorghe Cristian, Transabdominal bowel sonography observations corresponding to parietal inflammation in inflammatory bowel, J Gastrointestin Liver Dis ,Vol 27, suppl.2, p15, Mai 2018

Anda Les, A. Saizu, Stefania Bunduc, Roxana Costache, B. Cotruta, C. Gheorghe , Comparison of mortality rates in upper gastrointestinal bleeding three years after implementing a national pilot program for emergency endoscopic treatment,, J Gastrointestin Liver Dis ,Vol 27, suppl.2, p 127, Mai 2018

Les Anda, Gheorghe Cristian, Correlation Between Sonographic Measurements in Inflammatory Bowel Diseases and Biological Markers of Disease Activity, Journal of Crohn's and Colitis, Vol12, suppl 1, Feb 2018, S249–S250

Stefan Antoaneta, **Les Anda**, Bunduc Stefania, Saizu Ionut, Gheorghe Cistian, The Spectrum and the Mortality Rate of Upper Gastrointestinal Bleeding in a Tertiary Gastroenterology, J Gastrointestin Liver Dis, Vol 25, suppl 2, Iun 2016

Afilieri International Bowel Ultrasound Group
European Crohn's and Colitis Organisation
Societatea Romana de Gastroenterologie si Hepatologie
Romanian Crohn's and Colitis Club